



## PSHCE Long-Term Plan 2023-24

	Autumn 2023 Sept - Oct	Autumn 2023 Nov - Dec	Spring 2024 Jan - Feb	Spring 2024 Feb - Apr	Summer 2024 Apr - May	Summer 2024 June - July
Year 7	Transition and Safety	Developing Skills and Aspirations	Diversity	Health and Puberty	Building Relationships	Financial Decision Making
Year 8	Drugs and Alcohol	Community and Careers	Discrimination	Emotional Wellbeing	Identity and Relationships	Digital Literacy
Year 9	Peer Influence, Substance Use and Gangs	Setting Goals	Respectful Relationships	Healthy Lifestyle	Intimate Relationships	Employability Skills
Year 10	Mental Health	Financial Decision Making	Healthy Relationships	Exploring Influence	Addressing Extremism and Radicalisation	Preparation for Work
Year 11	Building for the Future	Next Steps	Communication in Relationships	Independence	Families	National Citizen Service Experience (Those Staying on in 6 <sup>th</sup> Form)

*Ready to Learn - Ready for Life*



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Year 12	Maintaining Physical, Mental and Emotional Health and Wellbeing	To Know About the Role and Influence of Media on Lifestyle	Concept of Consent in a Variety of Contexts	Developing Employability, Team Working and Leadership Skills and Developing Flexibility and Resilience	Making Informed Choices and Being Enterprising and Ambitious	How Personal Financial Choices can Affect Oneself and Others and About Rights and Responsibilities as Consumers
Year 13	Managing Transition to Increasingly Independent Living	Making Informed Choices about Health and Wellbeing Matters	Developing and Maintaining a Variety of Healthy Relationships in a Variety of Contexts	Managing Risky or Unhealthy/Negative Relationships, Including all Forms of Harassment	Rights and Responsibilities as a Member of a Diverse Community	How to Live Safely in an Online and Connected World
Year 14	Identifying and Accessing Help, Advice and Support, Including in New Settings	Respecting Equality and Being a Productive Member of a Diverse Community	Recognising and Managing Emotions within a Range of Relationships	Identifying and Accessing Appropriate Advice and Support in New Locations or Communities	The Economic and Business Environment	How Personal Financial Choices can Affect Oneself and Others

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